

**FACTORS THAT INFLUENCE DISCIPLINE AMONG THE  
STUDENTS IN IMENTI NORTH DISTRICT SECONDARY  
SCHOOLS-MERU COUNTY**

**BY**

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## ABSTRACT

One of the goals of education is to mould good citizens. This molding is done in schools where everybody's effort is directed. One of the subjects taught to prepare students to be responsible citizens is Christian Religious Education. One of the specific objectives of CRE is to make learners God fearing and well behaved people. A lot of guidance and counseling is done in schools nowadays to ensure that students behave well. Despite those efforts teachers, administrators, and parents are all complaining about the discipline of the young people in secondary schools. The purpose of this study was therefore to establish the factors that influence the state of discipline among the youth in North Imenti District Secondary Schools. The study adopted a descriptive survey design. Questionnaires were used to collect primary data from principals, teachers, and students. Prior to the administration the questionnaire was pilot tested to facilitate validation and assessment of reliability. The district has a total of 43 secondary schools with a student population of 10,663. Twenty two schools were randomly sampled. The sampled schools had 5,660 students and 600 teachers. The actual sample which was randomly selected from the population was 335 subjects comprising of 22 principals, 30 teachers and 283 students. The data was analyzed manually and then converted into frequency distribution tables and percentages. Results obtained were presented using graphs and frequency tables, in addition to narratives. The study concluded that parenting was factor number one in influencing discipline of students. The other factors included, drug and substance abuse, school administration, peer influence, curriculum demands and examinations. Christian Religious Education is also a factor that influences discipline through teaching of moral values. Those who apply the learnt values to their daily living are said to be well disciplined. The study therefore, recommends that parents should play their role properly, by being good role models in all aspects. This would ensure disciplined students in schools. It is hoped that the results will enable the stake holders in education, who include Ministry of Education, and teachers to seriously address the issue of moldings discipline among students.